



Dear Rice University Alumni,

The Big Owls/Little Owls Program (BOP) is a mentorship program in which physicians and medical students can share their experiences with Rice undergraduates in casual, small group meetings throughout the year. We would like to extend the invitation to you to become a mentor and share your experiences in the field of medicine!

We have three small group meetings each semester as well as an appreciation dinner in April. Each small group is composed of approximately eight undergraduates, two medical students, and two physicians. We plan to ask students about their interests in specific medical fields, then create groups based on common interests.

Each meeting will have a central theme. The first meeting will introduce our medical student mentors and their reasons for pursuing medicine, experiences with the application process, and life in professional school. The focus of the second meeting will be on our physician mentors and the advanced stages of their medical education as well as their specialties and lives as physicians. The final meeting will involve all of our mentors and feature broad discussion topics, such as medical ethics and health policy.

Our meetings are on Thursday nights from 7:00pm-8:30pm. The dates for our fall meetings are:

- Meeting 1: Thursday, September 28th (medical students only)
- Meeting 2: Thursday, October 19th (physicians only)
- Meeting 3: Thursday, November 16th (medical students and physicians)

The dates for our spring meetings will be decided in October.

BOP has been a beneficial learning experience for all participants. If you wish to become a mentor or know of others who may be interested in mentoring undergraduates (they do not have to be Rice alumni!), please email us at rpms.bop.coordinator@gmail.com. We would love to answer any of your questions!

All the best,

A handwritten signature in black ink, reading 'Jessy Feng Raj Dalal'.

Jessy Feng and Raj Dalal
BOP Co-Coordinators 2017 - 2018
rpms.bop.coordinator@gmail.com



RICE PRE-MEDICAL SOCIETY

Dear Rice University Alumni,

Every year, the Rice Pre-Medical Society sponsors a wide range of lectures, discussion panels, and hands-on experiences for undergraduates to learn about careers in medicine from physicians and medical students like you. Below are examples of popular activities that we would like to reprise this year:

Suture and Trachea Clinics (late Fall and Spring)

In the suture clinic, students will learn and practice suturing skills. In the trachea clinic, students will be taught several emergency medical techniques with practical exercises on the cricothyrotomy, nasopharyngeal airway, and intravenous catheter sticks. Both clinics will be under the instruction of army sergeants.

MCAT + The Path to Medical School (Fall)

Panelists will share their MCAT experiences, explain how they studied, and provide tips. Panelists will also discuss the path they took or are taking to medical school, highlighting experiences that helped make them a strong applicant and future professional. Students will be advised on topics such as writing a personal statement, preparing for interviews, financing medical school, choosing your own path, etc.

A Day in the Life of a Physician (Fall)

Physicians of various specialties will present a typical workday in their respective workplaces and share how they manage a work-life balance. Students will learn about the benefits and sacrifices of a career in medicine.

Women in Medicine (Spring)

Female physicians of various specialties will share their experiences in the medical field. They will discuss gender-related challenges they have faced and will advise students on maintaining a work-life balance. Students can compare information between different specialties to gain a more accurate perspective about gender dynamics and time management.

Exploring Other Health Professions (Spring)

Healthcare professionals will discuss their unique careers and experiences. Students will learn about the roles played by different professionals in providing high quality care to patients. This allows students who are unsure about pursuing medical school to explore other related paths, including physician assistant programs, dental school, pharmacy school, etc.

Taking a Gap Year (Spring)

Through their personal experiences, panelists will demonstrate the variety of opportunities available for students to enhance their medical school application, obtain complementary educational and professional experience, and pursue other transformational experiences during a gap year(s).

We invite you to participate in these valuable educational opportunities and share your experiences in the field of medicine with Rice students. If you are interested in any of the above topics and/or have suggestions for future RPMS activities, please let us know. Thank you for your involvement with RPMS!

Best regards,

Katherine Tran (kdt5@rice.edu) & Swathi Rayasam (ssr6@rice.edu)
Activities Chairs 2017-2018



RICE PRE-MEDICAL SOCIETY

Dear Rice University Alumni,

On behalf of the Rice Pre-Medical Society, we would like to extend to you an invitation to become a featured presenter for our sixth annual Medical Speaker Conference scheduled for January 27, 2018. The Medical Speaker Conference series was introduced to engage undergraduate students in topics that will propel them toward successful careers in medicine and broaden their understanding of health care as a whole.

The theme of the 2018 Medical Speaker Conference is *The Future of Healthcare*. We wish to highlight the impact of medical advancements on life expectancy, health insurance, and the changing roles of physicians and other healthcare professionals. These issues are of great concern to today's medical professionals. Hearing from physicians with expertise in this sphere will inspire our pre-medical students and encourage them to carefully consider this important work.

The conference will take place the afternoon of January 27. It will begin with a keynote speaker who will address the audience and respond to questions for 30-45 minutes. After a short break, the conference will resume with a 45-60 minute panel discussion with other featured speakers. It will conclude with a reception in which students will have the opportunity to interact with the conference speakers. We expect that the entire conference will last 3 hours and attract an audience of 100-150 Rice undergraduates, medical students, and physicians from throughout the Texas Medical Center.

We hope you share our enthusiasm for the conference theme, and we look forward to your response. Please let us know if you have any questions or if you would simply like to attend the Medical Speaker Conference. Thank you for your involvement with the Rice Pre-Medical Society.

Best regards,

Handwritten signatures of Jessica Weng and Jorena Lim in black ink.

Jessica Weng (jw83@rice.edu) & Jorena Lim (jwl5@rice.edu)
Socials Co-Chairs 2017-2018



RICE PRE-MEDICAL SOCIETY

Dear Rice University Alumni Physicians,

As we know, interviews weigh heavily in the medical school application process. Therefore, the Rice Pre-Medical Society will coordinate Mock Medical School Interviews to help Rice applicants practice, gain knowledge of what they can expect during an interview, and reduce feelings of nervousness. In order to accomplish these goals, we invite you to share your expertise and participate in interviewing a few applicants during an evening this coming February (dates TBD).

Last year, the interviews took place in the Center for Career Development's interview rooms in Huff House. Forty-nine medical school applicants participated in 30 minute one-on-one interviews with Rice alumni medical students, MDs, or current Rice seniors. For many applicants, this was their first medical school interview experience. They received both verbal and written feedback on their body language, verbal communication skills, and ability to relate their past achievements to skills needed for the medical field. Applicants had the option to disclose their curriculum vitae and draft of their personal statement to their interviewer, so many applicants received advice from the alumni medical students and MDs related to these materials as well. Most applicants also opted to have their interviews video recorded for later reference. In the weeks following the mock interviews, staff at the Center for Written, Oral, and Visual Communication were available to help applicants process the feedback they received and improve their interview skills.

The feedback we received from applicants and interviewers about the Mock Medical School Interviews program was overwhelmingly positive. The applicants indicated that they enjoyed meeting a Rice alumni medical student or MD, and the feedback they received was helpful in their preparations for medical school interviews. Several applicants shared that their interviews felt more like a conversation and helped them feel less nervous. Likewise, the alumni medical students and MDs enjoyed meeting current Rice students and learning about their impressive accomplishments. Multiple medical students and MDs commented that all the applicants they spoke with would make excellent physicians in the future.

With your help, I am confident that we will offer another excellent Mock Medical School Interviews program for the next cycle of Rice applicants. If you have any questions about volunteering, please do not hesitate to contact me at rpms.mockinterviews@gmail.com.

Sincerely,

A handwritten signature in black ink, appearing to read 'Theja'.

Theja Anantasagar
Rice Pre-Medical Society
Upperclassmen Relations Chair 2017-2018
rpms.mockinterviews@gmail.com